

# Valentine's Menu

Prepared especially for Mint Bistro's Valentine's Day Celebration, February 14, 2010.  
You are welcome to select items individually, or enjoy a selection from all 5 courses for \$75

## First

### ARTISINAL CHEESE PLATE FOR TWO

Assortment of Vermont Organic Cheese, Seasonal Fruit / 8.

## Second

### WATERCRESS & FRISÉE SALAD

Duck Prociutto, Anjou Pear, Red Onion, Pecans, Vermont Goat Cheese, Bing Cherries, Blueberry Vinaigrette / 15.

### ORGANIC ARUGULA SALAD

Mustard Seed Vinaigrette, Pickled Quail Eggs, Shaved Reggiano / 9.

### BISTRO GREENS

Hand Selected Field Greens, Carrots, English Cucumber, Cherry Tomato, Red Onion, House Croutons, Parmesan, Sherry Vinaigrette / 9.

## Third

*Small Plates:*

### SASHIMI OF TUNA

Pickeled Vegetables, Shiso Leaf, Wasabi Tobiko Crema, Grapefruit & White Soy / 12.

### MISO GLAZED CHILEAN SEA BASS

Edamame Emulsion, Black Truffle Vinaigrette, Sesame Tuille / 13.

### GAMBAS AZAFRAN

Pan Seared Tiger Shrimp, Sage, Wilted Spinach, Saffron Asiago Crema / 13.

### ELM ST. MAKI

Spicy Crab, Cream Cheese, Scallion, Wasabi Tobiko, Tempura Fried, Served with Ponzu, Wakame / 10.

### SWEET AND SPICY BEEF

Boston Lettuce, Crushed Peanuts / 9.

## Fourth

### FILET OSCAR

Herb Encrusted Filet Mignon, Buttermilk Mashed Potato, Maryland Blue Crab Cake, Grilled Asparagus, Champagne Hollandaise / 38.

### SLOW ROASTED CORIANDER DUCK BREAST

Beluga Lentils, Delecata Squash Puree, Crispy Leeks, Shallot Marmalade / 26.

### BLACKBERRY-BALSAMIC GLAZED SHORT RIBS

Roasted Spiced Pears, Gorgonzola Polenta Sticks, Arugula Coulis, Tomato Chip / 28.

### ORANGE SPICED BLACK TEA SALMON

Rosemary Fingerling Potato, Garlic Spinach, Raspberry Coulis, Honey Lemon Essence / 26.

### BRONZED LAVENDER DAY BOAT SCALLOPS

Butterfield Greens, English Pea, Asiago Risotto, Fresh Lemon / 24.

## Fifth

### VANILLA SCENTED FLOATING ISLAND

Raspberry Prosecco Soup, Passionfruit Caramel, Crispy Kataifi / 8.

### BITTERSWEET CHOCOLATE SEMIFREDDO

Warm Peanut Butter Mousse, Sea Salted Peanut Brittle / 8.

